

Elements

by Scott Pfitzinger
for at least 5 people

Background: The five elements (of Chinese philosophy, Feng Shui, etc.) are: Wood, Fire, Earth, Metal, and Water. There are cycles of creation and destruction as these five elements relate to each other. This piece is based on those cycles, following the creative cycle then the destructive cycle.

Directions: Each participant chooses something to "play" based on one of the five elements. It can be an object that represents the element or an actual musical instrument that uses it or is made from it. Everyone improvises on their instruments following the Dynamics Chart below. The wider the band of color, the louder that element should play.

Suggestions:

- Be careful. Especially with fire.
- Think of the large bands of color as solo sections and the narrow bands as soft accompaniment.
- A director may be needed to cue each section.

Duration: 4 minutes, 10 seconds

Dynamics Chart:

